



AS / A2 SPORTS STUDIES
AQA SPECIFIC REVISION DAY

AT

**BROCKENHURST COLLEGE,
LYNDHURST ROAD
BROCKENHURST
HAMPSHIRE
SO42 7ZE**

**Monday 4th April 2011
9.00am – 3.30pm**

Guest Lecturers:-

SYMOND BURROWS

JOHN HONEYBOURNE

SUE YOUNG

£25 / STUDENT (STAFF PLACES FREE)



AQA AS/A2 Revision Day
Monday 4th April 2011 9.00am – 3.30pm
Brockenhurst College

Outline of Day

Time	AS in Sports Hall	A2 in SEC
9.00am – 10.30 am	Sue Young Applied Exercise Physiology	Symond Burrows Development of the Elite Performer
10.30am – 10.45 am	BREAK	BREAK
10.45 – 12.45pm	Symond Burrows Opportunities for Participation	John Honeybourne <i>Psychological</i> Factors which Optimise Performance
12.45pm – 1.15pm	LUNCH	LUNCH
1.15pm – 3.15pm	John Honeybourne Skill Acquisition	Sue Young <i>Physiological & Biomechanical</i> Factors which Optimise Performance

Please arrive 10mins early in order:-

- **To receive student revision pack**
- **To be directed to the different venues for the A2 & A1 lectures**
- **For the sessions to start promptly at 9.00am**

Please note the timings of the day may change slightly thus finish time maybe 3.30pm



Brockenhurst College Sport and Exercise

January 2011

Dear Colleague,

Brockenhurst College is hosting an AQA Specific AS and A2 Sports Studies revision day on Monday 4th April 2011; between 9.00am and 3.30pm. There will be 3 lectures throughout the day for your AS & A2 students to attend covering all aspects of the AQA specification.

We have three visiting top examiners/presenters who are all experts in their fields:-

- Symond Burrows - Socio-Cultural
- Sue Young – Exercise Physiology
- John Honeybourne – Sport Psychology

As well as the lectures students will receive a revision pack that accompanies the lectures as a resource that will assist with the student’s personal revision. The cost of the day is £25; accompanying staff go free.

If you wish to attend the day please fill out the payment slip below indicating the number of students (AS & A2) you will be bringing, together with a cheque made payable to Brockenhurst College for the corresponding amount by 18th February 2011. Please note there are limited spaces for the day and if it is full cheques will be returned.

Please be aware that staff will be responsible for their students throughout the day. There are two cafés on site and the village is a five minute walk where there are various shops and bakeries for lunch.

I look forward to hearing from you in the near future and please do not hesitate to contact me if you have any further queries or questions.

Yours Faithfully,

C. Bennett

Chloe Bennett
Head of Physical Education
(cbennett1@brock.ac.uk)



BROCKENHURST COLLEGE REVISION DAY
Friday 4th April 2010

Name of school/college:

Contact Teacher: Email:

Number of **AS** places: Number of **A2** places:

Cheque enclosed for £ Signed.....

NB: Closing date for request to attend 18th February 2011